

EMERGENCY SERVICES GUIDE

Suicide Call Back Service	People at risk of suicide, concerned about someone at risk or bereaved by suicide.	Call 1300 659 467 or online chat www.suicidecallbackservice.org.au
Lifeline	People going through a crisis, feeling overwhelmed or having suicidal thoughts	Call 13 11 14 or Text 0477 131 114 . Online chat www.lifeline.org.au
Standby Support after Suicide	People bereaved or impacted by suicide	Call 1300 727 247
Kids Helpline	Children or young people seeking free and confidential counselling support	Call 1800 551 800 or Web chat www.kidshelpline.com.au
13YARN	If you, or someone you know are feeling worried or no good	Call 13 92 76
Sexual Assault Support Service	People affected by any form of sexual violence	Call 1800 697 877
1800 Respect	People affected by family or domestic violence	Call 1800 737 732
Health Direct	People seeking quality health information or advice	Call 1800 022 222
Pharmacist	After hours advice line	Call 1300 742 769
Gambling Help Online	Free support for anyone affected by gambling	Call 1800 858 858
Alcohol and other Drug	Free and confidential advice about Alcohol and other Drugs	Call 1800 250 015
State Emergency Service (SES)	Flood and storm assistance	Call 13 25 00
Elder Abuse (9am-5pm Weekdays)	Support for elders who are being harmed, abused, or taken advantage of.	Call 1800 441 169
Qlife (3pm – midnight)	Providing anonymous and free LGBTIQ+ peer support and referral	Call 1800 184 527
National Debt Hotline	Financial Counselling, free confidential advice	Call 1800 007 007
Tasmania Police	Non-Emergency	Call 6478 6006
Housing Connect (9am-5pm)	Housing Support	Call 1800 243 232
My Aged Care	Accessing government funded aged care services	Call 1800 200 422
Emergency Relief	Anyone who is unable to pay for food or essential bills	Call 1800 819 447